

“Mystical Death” Ω

In November of 1995, during a meditation I was doing on my own, I received a strange message from one of my guides. The message was that I needed to do an important self-initiation that would change my life. This initiation would require dying and rebirthing consciously through an inner journey. At first, I was suspicious of the source of the message; I thought it might not have come from my inner guides. I focused on the situation and checked the source with different advanced techniques many times, and the answer was still the same.

At this point I started being a bit afraid and having doubts in my perceptions, especially when I heard in the news around the same time about some cults in Canada and the United States, who had committed group suicide and I didn't want to be misguided and do the same.

On the one hand, I felt deeply that it was important to trust my inner guides who have always guided me properly in my spiritual path; on the other hand, I didn't want to make a mistake that would end my life.

This is when I decided to consult Marcel, a very well known shaman and astrologer in Montreal whom I trusted because of the quality of information that he had given me on many occasions. Marcel validated the message that I was getting from my guides, and I took the decision to carry on with the inner journey.

On December 4th 1995, I began. While sitting in my office in Montreal, I did an inner journey where I was guided to a round black tunnel. During the passage in the tunnel, I realized the colors of the walls were black and white squares like the colors of a chess board. Later I understood that those were the colors of the death dimension. What I realized also during my passage through the tunnel was that the initial shape of the tunnel that was round started to change to other different shapes like oval, then triangle, and then it took the shape of a square. Later I understood that this was happening every time I was moving from one dimension to another.

At this point I was just observing the journey without any fear. I was curious and I was looking forward to the outcome of this so-called Self-Initiation.

When I passed to the other side of the tunnel, I entered this large space of Light and the feeling that I felt on the spot was a feeling of extreme Inner Peace and Love. The first

thing that I saw in front of me was a large and long stairway and probably thousands of persons walking up the stairs.

Here I felt that I had to levitate and fly over these people, and when I reached the top of the stairway I first saw a very tall bald male light being with long white hair and beard. The color of his face was red. He welcomed me with a smiling face and as he held my hands, I felt this high voltage of energy first penetrating my hands and then through all my being. On the spot I felt very strong, as if I would need this strength to be able to continue my journey.

When we started walking I realized that my late mother Nadia and both her parents Tamam and Joseph who had passed away were behind the light being. They were all silent as if they were only there to help me feel secure and to comfort me. I didn't think that they had any significant role in this journey. I expressed my happiness at seeing them, and I continued my journey with the light being.

The light being whose name was Victor took me to a place and made me sit on a chair and started to work on me. I saw my skull opening up and saw billions of unknown words entering my head. The impression that I had was as if Victor was deprogramming my entire life program and replacing it with another. This intense operation took about nine minutes and as soon as it ended, Victor suggested that I return back into my Physical Body.

Although I had many questions that I wanted to ask and to understand about my experience, I accepted to leave because I was completely tired as if my batteries had worn out, and I couldn't continue the journey.

I thanked Victor and asked if I could come back at later times and communicate with him; he said yes. Then two small-sized angels came and held me from each side of my shoulders and started to descend me into my Physical Body.

And as soon as I entered my Body I felt a very high voltage of electricity shot into my Body, like some people experience in a medical emergency through electric shocks.

Before trying to evaluate my journey, I had to deal with the situation of my energy level, so I did an energy healing on myself and soon after, went home and went to bed very early. The next day I opened my eyes with a tremendous feeling of inner peace, joy and love and felt like a completely a different person.

Later during the day when I meditated and asked questions about what happened, I was told that I wouldn't understand my Self-Initiation intellectually, that I need time to integrate it inside myself and to feel its impact on my life. My guide also informed me

that I would be using this Mystical conscious Death experience in my teachings and in my healing practice.

When my guide informed me about the impact that this journey would have on my life I was expecting to see changes in the next year or so. I was surprised when, almost immediately, I started seeing changes. All my judgments toward myself and others stopped and I didn't feel the need to argue anymore or to prove to anyone my points of view. I was embraced with a feeling of equanimity and wisdom that I had never felt before. The quality of the healing that I did with my patients and the results that I began to have with my students improved tremendously. I started to attract healthy circumstances in my life, and everything started to flow effortlessly in my life.

Later I started to research and to experiment the Conscious Death Experience (C.D.E.) I wanted to understand the power and the impact of this ritual on people. I tried to look into ancient books. At first I couldn't find much information except in some ancient teachings that said.

- In order to change and grow, one first must die to oneself.

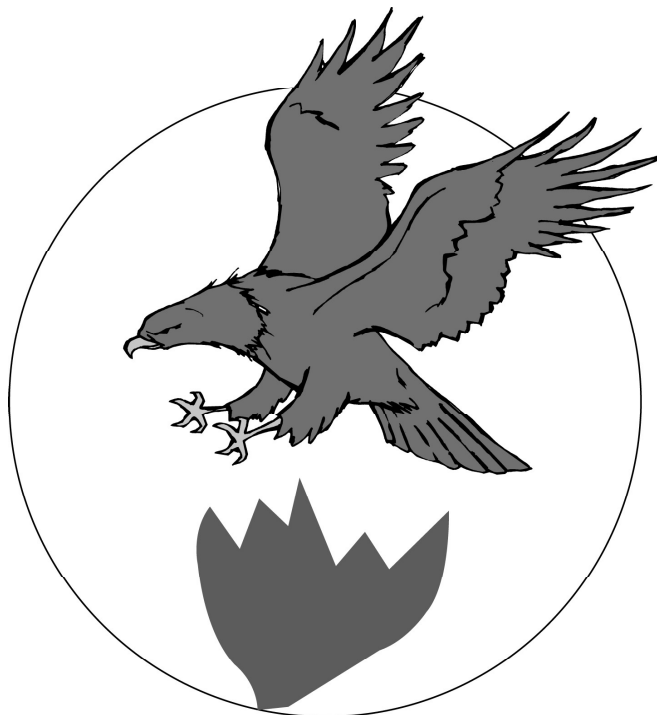
Later I have found the following quotes in the book *The Secret Teachings of All Ages* by Manly Hall.

- The veil of Great Mystery is Death.
- In Alchemy unless the elements die the Great Work cannot be achieved.
- Socrates subtly reminded his disciples, death in reality is the great initiation, for his last words were: "Gito, I owe a cock to Asclepius; will you remember to pay the debt?" (As the rooster was sacred to the gods and the sacrifice of this bird accompanied a candidate's introduction to the Mysteries, Socrates implied that he was about to take his great initiation.)
- According to material available, the supreme council of the fraternity of the R.C. was composed of certain number of individuals who had died what is known as "philosophic death". When the time came for an initiate to enter upon his labors for the Order, he conveniently "died" under somewhat mysterious circumstances. In reality he changed his name and place of residence, and a box of rocks or a body secured for the purpose was buried in his stead.

I also found information from the Holy Bible in St.John2, chapter 3 which said:

Nicodemus visits Jesus

- *1** There was a man of the Pharisees, named Nicodemus, a ruler of the Jews:
- *2** the same came to Jesus by night, and said into him, Rabbi we know that thou art a teacher come from God: for no man can do these miracles that thou doest, except God be with him.
- *3** Jesus answered and said unto him. Verily, verily I say unto thee, except a man be born again, he cannot see the kingdom of God.
- *4** Nicodemus saith unto him, How can a man be born when he is old? Can he enter the second time into his mother's womb, and be born?
- *5** Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter the kingdom of God.
- *6** That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.
- *7** Marvel not that I said unto thee, Ye must born again.
- *8** The wind bloweth where it listeth, and hearest the sound thereof, but canst not tell whence it cometh, and whither it goeth: so is every one that is born of the Spirit.
- *9** Nicodemus answered and said into him, How can these things be?
- *10** Jesus answered and said unto him, Art thou a master of Israel, and knowest not these things?
- *11** Verily, verily I say unto thee, We speak that we do know, and testify that we have seen; and ye receive not our witness.



What I can understand from the above mentioned quotes is that, this is a clear message that the wisdom of these symbolic “Deaths” whether were called “Mystical Death”, “Philosophic Death” or “Death Initiation” was understood and practiced in ancient times by many societies of initiates. In the past, only Masters, Initiated Metaphysicians, Shamans, High Priests, Priestesses or Gurus were given the privilege to experience a (C.D.E) and benefit from its life-transforming effects. Today, this knowledge is not a privilege anymore, it is open for all people who want to experiment these kinds of metaphysical experiences. Also many ordinary people who don’t know much about metaphysics or spirituality are experiencing what are called Near Death Experiences (N.D.E) either through accidental or clinical death or through symbolic death by dying during their dream state and although their experiences are not considered as a conscious spiritual initiation and did not come through a conscious inner journey by choice, they are also realizing the beneficial impact of the experience on their lives.

After experimenting with the ritual of Conscious Death Experience (C.D.E) in my healing sessions and later, after I started including it in my Alchemical teachings, I noticed many intense results. I am offering the ritual of (C.D.E) today in my book to each individual who wants to heal her or himself spiritually and physically and to anyone who wants to get another chance in life to make major transformation in the same lifetime.

Through close observation of my own experience and the experiences of others who have done these kind of rituals, I came to the conclusion that quantum leaps are possible because when we make the passage to the other side of the veil, the energies are less dense, and the experiences are not governed by the limitations of the mind and the conditionings that we have.