

RITUAL Ω

A Ritual is a ceremony in which a person calls upon forces to orient them toward something he or she wishes to create or improve in one's own life or the lives of others. It can be an entirely self-created act, using the power of intent and imagination. It may make use of symbols or mantras or certain physical gestures which are symbolic of something important in one's life.

There are different approaches to rituals. Each individual has the potential to awaken and make use of her or his own powers. At the same time, each one of us can call upon the forces of the Light to help us in our ritual. In both of these approaches, there are absolutely no unhealthy side effects.

However, if a person chooses to use the forces of the dark, such rituals can be very dangerous. He or she will probably end up with unhealthy side effects that could ruin the person's life in this incarnation or could follow into other incarnations. This could happen either the first time a person uses these forces or in later times.

There is a law of attraction. We attract people, situations, and circumstances not only according to what we are now, but also according to what we could become. Rituals can be used to help us improve and transform ourselves on many level, our talents, powers, spiritual development, profession, financial status, and all kinds of relationships.

Once we decide to create something new in our life, first we need to make changes in our inner world. Before attempting to create, we might need to remove resistances, beliefs, fears or other kinds of obstacles.

The efficiency of a ritual depends on the quality and quantity of energy we direct into it. Its efficiency depends also on the spiritual development of our Chakras, our subtle bodies, and the level of our consciousness. Experience, self-confidence, and sometimes, repetition of a ritual can count as well toward making a ritual effective.

When we perform a ritual, it is important that our conscious and unconscious mind be in total harmony with one another and that all the levels of our being desire the same thing and aim towards the same direction. If, through a ritual, someone tries to force someone else to be in a relationship with him or her, and if different levels of the person's being do not approve, then the ritual was based on a conditioned desire, not on the well-being of our true Self. That is an example of a misalignment, which would

lead to risking that we attract an undesirable situation. That is why, when we prepare a ritual, we cannot use names.

There is one important rule: **WE ARE NOT ALLOWED TO IMPOSE OUR WILL ON ANYONE**. This is true for relationships, finances, or any other situation. We may ask the universe to send us what is in our highest good or to send us a person with certain specific qualities we desire, but never a specific person, we cannot mention names. The moment a name is involved the ritual becomes black magic.

The problem with rituals is that people do not know the difference between white and black magic. Most people do not understand the seriousness of imposing their will onto others. By doing so, several results may occur. First, they might be blocking a healthier relationship which may come their way if instead; they were to follow the rules of white magic.

Second, unhealthy use of powers can have a negative impact on the person. It places him or her in a vulnerable state that makes them suffer from this action through the laws of cause and effect. In fact, if the person on whom black magic is performed does enter into the relationship, he or she might do so with some kind of unconscious knowing of the black magic done to him or her, and after a period of time, might seek revenge, consciously or unconsciously. Thus, there is a negative boomerang effect on the person resorting to this misuse of power.

I recall one example from my clinic in Montreal. While doing a healing session on a woman in her early twenties, I realized that she was enveloped in layers of dark energies. I intuited that she had engaged in black magic. When I asked her if this was true, she answered no, that she only does white magic. I asked her to explain what she meant. She said that she went to an occult bookstore, bought some love candles that she was told have magical power to manifest a specific relationship in her life. What she said she did was that she wrote the name of the person on the candle, then lit the candle at a specific moment, and believed it would cause the person to enter into a relationship with her.

I told her that this was black magic. She said, “No, I don’t want to harm him. I only want to love him.”

I tried to explain to her that we do not have the right to impose our will on others, even if we think that our intention is to love.

She did not understand what I told her and responded that he is not happy with his current girlfriend. Then I tried to help her see from the point of view of someone who has been imposed upon; I asked her what she would do if someone used his powers to

make her have sex with him. She said she would not accept, and yet she continued to try and justify her ritual, saying that she loves the man and does not want to harm him. This is an example of someone who, by refusing to understand the difference between white and black magic will cause harm both to herself and to others.

A ritual is just a tool. It has no moral value in and of itself. What we do with it may have a moral value. The rules are very simple. Essentially it is this: we cannot impose our will onto others, whether this is in a love relationship or any other kind of relationship. We need to respect the will and autonomous choice of others, even if we think or feel sure that the ritual we are performing is for the good of the other person.

