

Section III

Our next healing step is healing Karmic and Genetic deficiencies through the eight initial cells. This meditation includes regressing in time to around the third day of the physical conception during the development of the eight initial cells and to perform healing work on these cells.

This Healing Ritual is recommended to twenty one times or it could be repeated as much as required, depending on the healing rhythm of each individual. The first step of this ritual is made by an inner journey to visit your inner tree and your inner river. Next you ask the tree to regress you in time to around the third day of your physical conception during the development of your eight initial cells and you do healing.



Healing Karmic and Genetic deficiencies through the eight initial cells

The same way you have visualized yourself between your tree and your river in the meditation to open the third eye and developing clairvoyance you can use the same meditation and after asking the permission and the help of the tree to do this journey and then proceed by asking your tree to regress you in time to around the third day of your physical conception during the development of your eight initial cells.

Once you feel these cells visualize the shiny black chalice (symbol number 50) and pour the liquid from the chalice into the cells and stay present for thirty seconds.

Next visualize the shiny white chalice (symbol number 50 A) and pour the liquid from the chalice into the cells and stay present for thirty seconds.

Next visualize the shiny red chalice (symbol number 50 B) and pour the liquid from the chalice into the cells and stay present for thirty seconds.

Once you have finished the healing work through the three chalices you can complete this work by repeating the following healing mantras.

DAYKO – SAYAJ – DAHOUD – SALAKIN - BOUGA - (Pause 10 seconds)
BAYDAKA – SAYAKIN – HOUDA – DASKAKA – TAYDOUN – MASKIF –
SHLOUKAN – GLORA -

SAYAJ – SALAKIN – BOUGA - (pause 10 seconds)
SAYAKIN – HOUDA – DASKA – TAYDOUN – MAS – MAS – MAS – KIF –
KANSHLOU - GLO (pause 3 seconds)
RA - (pause 3 seconds)
GLO - (pause 10 seconds)
RA - RA

Next go back to the tree. First observe if there are changes in the tree or the river, and then take a few minutes and swim in the river to resource yourself. After the swimming, communicate with the tree to see if it has a message for you and then end this journey by thanking your tree.