

ASCENSION PARTICLES ACTIVATIONS

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MODULE 2 - The Great Work of our Times : Purging the Plexus and Building the Psychic Brain

Alright! Here we are: 2022! Let's see what this brings!

Numerologically speaking, 2022 is 2-2-2. Triple 2 (222) already is a very interesting number to play with. The three twos together is six, and six is the number associated to coming into harmony. Then with the 222, two is togetherness. And also the three times for me, it's like being with the body, being with the mind and being with the soul. Can we bring harmony between these three? That's hopefully what 2022 is going to be all about.

I was discussing doors with you last month, in relation to how these higher frequency particles are coming to us and into us. We looked at the solar particles and the pranic particles last month. This month, I want us to go into the two next levels of particles. There are seven in total. We'll be talking about two more tonight and we'll be activating three more of the doors. Then, next time, we'll talk about the last three and activate the last three doors, giving us the nine doors and the seven particles.

Also, I want to say that the way I presented it last time might lead you to believe that for each particle there is a specific door, but not necessarily. A lot of this information is circulating in the atmosphere, so some of it you're ingesting through your eyes, some of it you are breathing in through your nostrils. Some of them you're eating, they're coming into you through the liquids that you drink and then the foods that you eat. Then, your skin is just constantly in osmosis with the environment and breathing. Every single pore of your skin breathes all the time. So, it's happening at a multi-sensory level. I just want to make sure that there isn't this idea that you can only breathe in this kind of particle through a specific door.

No, what we're doing is we are, with intention, activating the higher frequency of these doors so that you can consciously bring in even more of these particles. These particles are floating all around you and you are receiving them regardless, but there's a big difference between

unconsciously receiving things and amplifying the reception by becoming aware of it. It's kind of the same thing as if you focus on your breathing and you slow it down a lot, your body will get more and more relaxed. It'll happen way more than if you're unconscious about that and you don't do it. And then the only time that really happens is when you're sleeping. So everything we're doing when we're talking about these doors and talking about these particles is to amplify your ability to receive them, which also means accelerating the transformation.

We're in this huge transformation, which is not a thing that happens over a couple of months or a couple of years. We've talked about this in the advanced program, but in the very large scope of things, this is an entire evolution of the humanoid structure on earth. This is huge! This is how we will tap into much deeper psychic skills. This is an entire upgrade of all the glandular system that manages hormones. This is a transformation of most of the organs in your body and going towards a human being in the future that's a 5D human. Some of this gets kind of funky! With really advanced psychic skills using your mouth to speak is going to become something very secondary and if you're telepathically able to speak with beings of anywhere and conceptually download information one into the other without needing words, which are very, very limiting, that frees up the voice for other things like, for example, singing. Singing is not going to disappear, but this need to talk and have these structures of linear thinking and stuff like that, a lot of that is going to drop the more we're able to leave behind the confines of the intellectual mind as our only way to process information and communicate together. A lot of things are going to change. The mouth as well will be much less solicited in terms of eating. I guess some of these things it's really hard to talk about it right now because it's not happening tomorrow and it's not happening next week and it's not happening in 10 years either, but this is the transition that we're in and it is stressful for the body.

It's hard for us to grasp that because some of these evolutions happen over hundreds of years, thousands sometimes. When you think of it, the time it took some little fishy thing that eventually started going off on the sand and building little legs, was over millions of years. It's not going to be that slow because we have this huge momentum that's pushing. This momentum is not only brought on by an absolute necessity that we evolve in this Milky way, that humans evolve before we manage to actually fuck shit up for other people through nuclear stuff that can have huge effects on the walls

between dimensions... That's a whole other subject, but a lot of alien sightings have been happening since nuclear stuff started, and there's a reason for that : it's very dangerous. It's very dangerous for the stability of not only the solar system, but even our place in the Milky way and stuff like that.

So, there is a huge pressure coming from outside, as in: you need to evolve because you're at the place where you can self-destruct. And it's true that if you launch all these nuclear bombs that we have, that we can absolutely destroy the earth and all of us on it. It's not bullshit. So there's a pressure coming from the outer civilizations that are like: okay, they need help! And the law of noninterference requires that we ask for help, so that's one thing we've also got, a push coming from deep within the earth because there's more than one dimension going on here.

There are actually beings that live in the earth and the intra earth that are not 3d. You can't go excavate them and look at them and find them. They are energy beings, kind of like the same way that there are energy beings on Venus and stuff like that. (The Hathors) They're not 3d. Starting 5D you can start seeing them.

And then, there's also Gaia itself, the being of Earth that is having this huge transition from plexus frequency to heart frequency and everything on it needs to come up with her. There is no: "Okay, over here, we're just going to stay 3D while the whole earth frequency is going 5D". It's saying: "No, it ain't happening!"

Now. The people that are not able to transition, that gets kind of tricky for them. They will suffer way more from the changes happening right now than people that are willing to evolve and accept to work with these energies that are not easy to work with.

So, this push is coming from a whole bunch of places at once. And tonight, the two types of particles I want to talk about... It's interesting because some of them are coming from within the earth and some of them are coming to us from the cosmos. They're called crystalline particles. So there are the celestial crystalline particles and the terrestrial crystalline particles. No complicated concepts here, this is very simple. It's just the energy frequency of very, very purified minerals that are able to transport information in them. The beauty of these very refined forms of minerals that

become kind of see-through is that they are incredible tools to put a whole bunch of subtle information in, and the information can be held there for millions of years.

And in part, the terrestrial crystalline particles have been infused a long, long time ago by what we knew as the Atlantis civilization, but they were from another civilization. They came from other places and they created very advanced societies and systems. And we don't know a lot about them because these civilizations lasted a long time, way longer than... we've got little pieces but we don't have a proper understanding of everything that they did. 3D humans keep hoping they're archeologically going to find the remnants of Atlantis, and they're going to find like some rock tablet with information on it, and then we will know all the information of it, you know.

This is where it gets really trippy is that they have left a lot of information. They have left a lot of information for us, but they didn't write it on rocks. They embedded it. They infused it into forms of crystals and they infused it into even forms of crystals that aren't necessarily like a rock on the ground, but they are literally crystalline particles that float in the air that have tons of information, entire libraries of information. It is subtle information and you can only access it through your subtle senses.

So, there's a lot of the heritage of very, very powerful information and tools of Ascension and consciousness that they have left us, a very deep heritage before they fell - because they fell too. They went power tripping and stuff like that, and they did some really horrible things. They created a synthetic Merkaba, which is often called the death star. Think about Star Wars; they literally almost destroyed the core of the earth. The whole fall of Atlantis was the whole thing falling. It was based on massive misuse of power, but millennia before that happened, it was a very, very advanced and spiritually wise civilization, and they left a lot of information for us. We just don't know how to decode it, because we're still trying to find buildings.

That's a little parentheses about that. The reason they're being released right now from the intra earth is because, and this has been since 1995 or so... every time there are earthquakes, or little shifts of the plates and stuff like that. When was that big earthquake with the tsunami that killed a whole bunch of people in Asia? I don't remember. It was on Christmas day. I don't know how long ago, but things like that, these cataclysms where the earth kind of ruptures a bit, is how these particles end up coming up and they're

coming up more now because there are more people waking up. They're coming up more now because there are a bunch of gamma rays and new information hitting us from the sun. This big movement is happening. It's like: wake up! And as that starts happening and the earth is like: "It's time. I'm shifting!", all of these particles, which have been kind of dormant in the earth for a long, long time waiting, waiting for this moment.

We really are in an incredible time in the history of humanity, even though it's a transition that happens over a couple hundred years - unless we evolve so much that we actually start becoming able to live as long as our humanoid bodies should be able to live, which is something like up to seven generations compared to what we normally do right now, then we might be able to transition. We might be able to see more of that transition.

And I'm not going to sit here and act like that's impossible. I don't think that's impossible. I think a lot of us can be surprised by many things that can happen from being in this conscious relationship with this Ascension process, being in a constant conscious relationship with all of these energies coming in and being like: yes, yes, I am open to being transformed. I am open to this transmutation. Alchemy calls it the Great Work of our Times. With the information I'm getting this from related to St. Germain, he calls it The Great Transmutation. It's all the same idea: a quantum leap in how we interface with things.

Okay! So, one of these is the terrestrial crystalline particles, and they're infused with very old knowledge, very old understandings and very high frequency energy that will help to transform a lot of our glands. So that's coming up from deep in the earth. And there are specific places in the world where some of these huge crystalline formations can be sensed. You don't necessarily see them because they are under the sand, but there are places you can go in the world where you will feel the energy of these. And it's super interesting because a lot of them are in the upper parts of mountains, which kind of makes sense because a mountain is a big ass rock getting these solar frequencies and gamma rays and all that coming right at it, which is kind of transforming the nature of the rock.

But other than these tips of mountains, almost all of these big crystals are buried underneath deserts. So interesting! Deserts! So, around Utah, Salt Lake City, and Nevada in the death valley, the Sahara desert, the Gobi desert, the Atacama desert, which is also the Bolivian salt desert. There

are key places where these are emitting, and coming up in the atmosphere and then the part that's coming to us.

There's also some coming from out there. It mixes in with the prana and the solar and the celestial crystalline particles. They each have different roles in what they're doing, but these roles together are very important right now. So I'm going to talk to you a little bit about what the role of these celestial particles are so that hopefully it'll help you, how can I say this, not alleviate, but feel less bombarded and attacked by not understanding what's happening to you. So what these celestial particles do is they are processed by your solar plexus, and they do something very incredible that unless you understand that, it's a lot harder to go through it. So what they do is they amplify in real time, any of the psychic toxins in you, so old emotions, traumas, negative emotions, old memories, things that are held onto in your body, the stories we've spun about things in our lives.

What's happening is what these particles do is let's say something happens in your life and then you go into an emotion about it. You go into like: "oh, of course that's nuh-nuh-nuh." Like we've done thousands of times. What these particles do is they amplify that reaction. It's almost like all of a sudden you have something that as soon as you go into a place where you're getting stuck in the past or in negative frequencies of emotions and memories, these particles amp up the volume to a thousand. Okay. So if you don't understand that this is what's going on, oh man! You're just kinda like: "What? Why am I still... I'm still stuck in this thing? I thought I was over that! I've been working on that for 10 years!!!"

What's really going on is that these particles are saying: look at that! It's actually a great service, but for anyone that's still a victim of whatever they're feeling, whenever it comes up, they don't know that that's what's going on. They just think they're losing it even more, and they're probably starting to think: "Oh my God, these five years of psychotherapy, completely useless and blah, blah, blah, blah. My dad did this to me. And I remember, and then" more and more and more and more. And then that amplifies more and more. The goal of all that is so that you feel how ridiculous it is. What a weird concept, right? These particles bring you in the present moment so much, and they amplify whatever you're putting in there. They just amplify the shit out of it. So then you become way more able than before to tell what you have been bringing into the present moment. If it's screaming at you, it's a lot harder for you to pretend that's

just the way it is. The louder it screams, the more you're forced to look at it. And if you actually do look at it instead of refusing, then you can actually start healing and releasing it. You can only heal what you feel. So these particles are kind of like: "alright, well, let's bring it!" Let's bring on the feeling. And it's almost instantaneous.

I have a living example of that happening to me like yesterday. And even though, you know, even though I'm connected to this information, I got totally riled up in it and it took me a good two hours to go : "Julie, what are you doing? What are you bringing into the present moment right now?"

I was right back to being a five-year-old little girl abandoned by her father feeling that everyone in the world abandons me all the time. It was getting louder and louder and it got so loud that I wondered: "where am I right now? Like where the fuck am I?"

I pulled something in my back: "oh, God's abandoned me!" You know, whoa, I pulled something in my back! Calm down, you know!

That's the potential of these particles. That's what they want to do with you. They want to make it so obvious what you are bringing into the present moment. So then it's tricky because people that don't understand this or people that don't want to do this level of work, because let's not bullshit ourselves: this is hard work! People want to go put their head in the sand and get drunk and smoke dope. They don't want to deal with it.

Unfortunately for a lot of people, the whole COVID thing just meant staying at home and watching tons of Netflix. You can use this to go much deeper into yourself, or you can use this to not go much deeper in yourself. We're choosing to go deeper. So we do feel these things more and we are consciously asking life and love and God and source to work with us. May I be an instrument of this Ascension, we keep asking for it. We keep asking to be pillars.

So the big thing that the celestial crystalline particles do is they super highlight whatever psychic toxins are still floating around in your plexus, because your plexus is where emotions are dealt with. Your plexus is where things come into you through others and through the world. And then there are emotional reactions that happen. And then we bring that out in the world. So part of the meditation we're going to do tonight is going to be

about the plexus. We want to depressurize the plexus and all of this stuff, that's in it, all of these psychic toxins. We want to purge the plexus. I like that: the plexus purge. No, we don't have to puke.

So that's about the crystalline ones coming into the atmosphere. What's happening with the terrestrial ones is that as they're getting released in the atmosphere too, and we're kind of interacting with them, they are having a really, really intense effect on our mind. So you're going to see how the relation between these two makes so much sense, and why I talk about them together tonight. On top of that, we have all the energy of a gene key happening in the next five days, which is very much about depressurizing the mind by coming back into the Being. We have help coming, not only from the particles, but also from the energy of the cosmic knowledge that comes to us.

So our mind is getting transformed as well. I was just talking about that a little bit: the psychic mind is emerging and what these terrestrial crystalline particles do is they are feeding that process a lot. It's about developing way more advanced cognitive functions and fine tuning and developing a much more responsive nervous system. The nervous system is part of your brain. The neurotransmitters and stuff like that. So we have both of these things happening at once. And one of the big shifts that will happen in our psyche, which is very hard for us to deal with right now is that we depend so much on the intellect. We use our intellect to receive information, to retain information, to organize information, to remember things. And we're being called to evolve into a psychic brain that is not using the intellect, where the intellect is something we can use if we need to, once we've actually downloaded the entire concept. We will know direct communication with the field of information, all the information you'll ever need. All of it is already out there. All of it is floating in the ether. It's all there.

We are so tired from our intellect being the one trying to manage and process all that information. And then it has to remember it. And then it has to put it in books and then it has to be able to go read it. And then it has to be done. The psychic brain doesn't do any of that. The psychic brain doesn't even really need memory anymore. If you think about the internet, that's a good example of the psychic brain. Do you know every single thing on the internet, in your intellect? Of course not. You need information, you go, and you receive it. Okay. That's the psychic brain. That's what the

psychic brain looks like. The Internet's just like a 3D metaphor of something that we are already able to do.

So we've got this unhealthy relationship going on that has been going on for a long time between our emotions and our thoughts. These psychic toxins that are stuck in your plexus that are constantly floating around in there and triggering emotions and triggering stories, there's a relation between these two. The stories are held in the mind. It's the intellect. That's like processing data. That's coming from a purely sensorial level. You've got things happening in your plexus. You've got old undigested emotions that come up and create states in your physical body. And then, your mind and your intellect go in overdrive to try to figure out what to do about it. And then: "I already knew that like, that guy is always like that and this and that. And, and it's like, oh my God!" So these two need this upgrade really bad. You know, that plexus needs to be purged from the past, purged from these things that it's holding onto. And the mind also needs to be purged. Your mind needs to be allowed to relax and enter into a much higher state in which it is connected to the vastness of the universal. And it's no longer trying to micromanage and control everything. And remember everything. It has reconnected to the vast universal intelligence.

So that's where we're going tonight in our meditation, we're going to be working with these two and bringing ourselves into them in a way that we are willing to depressurize them. So that's what I want to do with you tonight. Easy peasy!

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