

HEALING THE SPLIT

From Wounded Inner Child to Healthy Adult Self

Module 4 : Part 4

JSEMP,

Second call of October, 2023.

We're in our second month of working on the theme of Chakra cords and Soul contracts, and last month what we did on the second call of the month is I really honed in to the Chakra cords related to 3 Chakras: the Plexus, the Heart, and the Throat. So the cords related to the higher will of a relationship, the cords related to the intimate love felt in a relationship, and the cords for the plexus which are the cords about self-care patterns as learned through your mother and father.

I remind you that Chakra cords coming out of the right side of the Chakra are about relationships to men and the Chakra cords coming out of the left side are related to relationships with women. And of course, our relationships to our main parents, to the main parental figures in our lives, have a huge effect on the flavor and structural patterns of the relationships we'll have with other people of the same sex later on in our lives.

Tonight my goal is for us to actually start working on healing the cords related to the Sacral Chakra - which is about sexuality - and the Root Chakra - which is about the will, your will within a relationship, your will of being in a relationship but also your will of truly being here on earth, in your body.

So for the lower ones, that. And for the upper ones, the Third Eye Chakra cords - which are about belief systems that you were given, and the Crown cords... (that's kind of a cute name!) The Crown cords are about not only your relationship to your Creator, but your ability to understand the Divine... the divine understanding of your relationship with someone else.

And just reminding us again, we're working in the fourth field right now, which is all about the field through which we enter into relations with other humans. And others not just in this life - that's where it gets kind of interesting. Some of these Chakra cords, you are carrying them from other lives. Some of these Chakra cords, you came in with them. Some of these Chakra cords that require healing, that have trauma or negative patterns inscribed into them, lead to us creating other Chakra cords with other people that are also following the same flavor, the same structural pattern.

By us choosing to work on these cords and bring them back to a pristine state as much as possible – but you can only work on your side, you can't work on the other person's side but you can certainly change what you're sending out from your side - we can start changing the kinds of relationships that we enter into with other human beings because we're not having the same structural flavor going out of us.

The other thing I want to remind you, because it's going to be specific to what we're doing tonight, is the 2 things we tend to do when we have a traumatic relationship with someone and we want to be done with it. We tend to like : clack! (cutting gesture) We want to cut the cords, we want to sever the cords, and.. We've all heard these expressions, right? 'Cut your cords with that person'... and I don't know if I 100% agree with this but, based on the information we're working with, which has all to do with studies that Barbara Ann Brennan did, she has noticed that most cords don't go away. There's

no idea that you can just cut cords, and then it's just over... It's not completely accurate because then these cords are just floating. They're damaged, and they're floating around and then what do you think they're doing? They're trying to plug into other things.

One of the things that happens is we sever them, and then they're just floating around. And that's no good. We don't want that! We don't want to be walking around with a bunch of floating cords, trying to plug into other people and into things and into... it's no good. That's not how we become Sovereign.

The other pattern that we can do is we can sever the cords, but then we bring them deep in, deep inside the Chakra that we're relating to at that time, and then they're just like a big jumbled mess inside the Chakra. And I can tell you from experience - because I'm definitely aware that I have done that - what that looks like on the outside and in your emotional landscape, is resentment.

The opposite of resentment is pushing it outwards. Resentment is brewing and keeping that inside. In one way, you are walking around with severed cords. You're trying to plug into other people - which means you're in a dependency towards them. On the other side, you have decided to not be in dependency with anyone else and not plug into anything. But instead, you're just plugging into your pain all the time and holding onto it. So let's not do either of those! Let's actually work on healing these cords.

Because, believe it or not, probably - I'm gonna go with like almost 80 - probably 80% of cords coming out of you need to be healed. They don't need to be cut. They don't need to be burnt. They don't need to be damaged. They need to be healed.

If we could see the universe from a perspective of all the entanglement of quantum understanding, we're all connected

together. The question is, are we connected together through sickness and disease and negative patterns? Or are we connected together through love? Are we connected together through a deeper understanding of the value of all the relations that we've had, through time and across time - in this life/with people in this life and in other bodies/in other human lifetimes, and even beyond, in other forms and other life forms completely in other universes?

I say let's work on healing the cords.

While I'll be doing the work tonight, we will consistently ask whatever cords can be dissolved, and that be for the highest good. So be it. I let go of the side of my side that's not letting that happen. So I am expecting some cords to dissolve. And as happened last time - I'm not sure if you remember, but what happened last time is some of the cords went from the front to the back. Which is awesome!

If you remember, cords coming out of the front are things you're working on. They are things you are seeking to resolve at a Soul level. They are the places where love needs to be able to flow. Once the 'workshop' is done, once the lesson is learned, once you've earned the wisdom of something, that is no longer an active charge and that cord transitions to the back. The back is the past.

The future : you're going towards that to resolve it. If it's coming from behind you, it is resolved. It is in the back of the time-space continuum and you're going forward - which is kind of an illusion but let's say, let's just make believe for the argument's sake, that there's a past and a future!

I just want to remind you, it might be a little bit intense working on the Sacral cords because that is the Chakra of sensuality and sexuality. Because people that come on a call like this have had multiple lives on earth, any forms of sexual abuse - whether that we instigated as an

abuser in another life or that we went through - these are going to be intense cords to work on.

So I'm going to really go about this and by asking Source for it to be as soft as possible, because I know that for us that we're in this life with this deep desire to do this work of helping to uplift the field and for humanity to awaken, and for the healing to be able to dive all the way down into the deeper pain in humanity, it's always hard for us to touch these parts that might have done things like that. So I just want to say, I'm holding you. I have a lot of love I want to surround us with tonight as we go through that.

And in the same way that anything related to, any form of sexual abuse... And I don't just mean like pedophilia, I mean the whole kit and caboodle. Not just rape and pedophilia but thousands and thousands and thousands of years of people being used sexually.

Even if you're a man in his life, you've probably had the experience of being a woman in another life, and it's called 'the oldest career woman ever had', was prostitution. And if you consider that with every single sexual relation you've ever had, an energy cord is created from that (which is never completely severed), that's a lot of cords! A lot of cords!

So we want these to be flowy. We want these to be untangled. We want these to be filled with the energy of our Core Star so that deep, pure, spiritual Essence is what's flowing through them.

And it's the same with the Third Eye ones. We don't think about that a lot, but any belief system that has been imposed on us - and let's be clear about this, we all came into a world where we've had belief systems imposed on us since we were children, whether or not we agree with them - about what God is, about what you need to do to be a good person, about what happens if you're not - all these things are

all cords that affect your ability to truly, truly feel the deep benevolence of what created us towards us. This Chakra (Third Eye), functioning at its ultimate level, is Divine Bliss. Divine Bliss. It's Celestial Love. It's just this deep understanding of how loved we are by all the Beings of the universe. So lots of fun stuff to play with.

I don't know if I have much more to say before I go into this because I really want to do a minimum of 1 h.

Yeah.

Oof.

Yeah, okay, I want to say one more thing.

We live in a world...

Okay, I was doing a meditation last night, and I kept saying...

It was a meditation organized by this person that I listen to once in a while and within the context of that meditation, it was asked at a certain point: 'What is something that you want? That you would want to see change in the world. What is something for you that's very hard for you to accept that you would want Beings of Light really giving their undivided attention to helping that change, helping that be healed?' And for me, what really came up was:

I don't want, I don't want children to feel terror.

I just don't want children to feel terror anymore.

It's something I went through as a kid, and yeah... I don't know. I don't know why it's coming up so strongly, but it's really coming up right now. It's bubbling up more and more... We're gonna be feeling all these things more and more because they need to come up and they

need to be healed. They need us to look at them, and they need us to really put love in them.

No more.

No more.

So I don't know what that looks like but for me it's left me very, very, very emotional since I was doing that for like half the night. I couldn't sleep, so I just kept going in there last night, over and over and over again. And I could see energy vortexes on the planetary grid that looked like dark spirals, like black tornadoes in different places on the earth, and I just kept asking that light be poured in there.

Somehow that has something to do with the Sacral Chakra too, because there are energies here that do everything they can to harvest our emotional energy for their own ends. I don't want to have a weird conversation about this. But I'm gonna go a little bit cause I can't help myself.

Our emotional energy and our sexual energy has been harvested for a long time, and that's not gonna be okay anymore. It never was, but the more we become aware of it, the more we will stand up and be like : 'NO. No more.' So I got a feeling something that is going to come up as we're working on the Sacral.

So... As we'd say in French : 'Attache ta tuque!'

Just get ready.

I'm gonna keep it soft, but I'm just... I just have a feeling something's gonna be a little bit intense tonight.

And we are all doing this together... 1, 2, 3, 4, 5, 6 , 8.

We have a master number 8, which is a number of power. So 8 of us with a joint intent of the shit we're gonna let people tell us is the truth and what we're gonna let people do with our sexual and emotional energy.

Okay.

Just a light call tonight. 😊

Sorry. I'm a little bit intense tonight, but that's what it is. That's what it is. Let's bring it! Feeling very warrior-like tonight. I'm just so not okay with abuse continuing on this planet. Just not - especially when kids are involved. And we were all kids once, so this is about all of us, too.

So get comfy. You can lay down if you want, you can stay sitting. You might. You might want to stay sitting because we want to have all of you super present.

Every human being, every incarnated Soul that makes the decision that they will not allow their energy to be hijacked anymore, that they will not allow themselves to be fed belief systems that keep them powerless or weak, or victimized, or whatever, that will no longer allow themselves to be victims... Every single incarnated Soul that makes that decision at a deep, deep level creates major ripples in the fabric of humanity and it lets other Souls waking up know that they, too, can do this. There is deep value for us and the evolution of our own Soul to do this, and it's also helping create these waves that we really need right now.

We're between 2 eclipses, and I don't think it's going to get any lighter... I don't even think it's gonna get lighter after the eclipse, but...

Alright.

I'll start the meditation in a couple of seconds. If you just heard this on Youtube, and you're like : 'Oh my God, I want more!', then come on into the program. Just look at the link below and book a call so that we can talk, and I can let you know if you're a good fit for us.