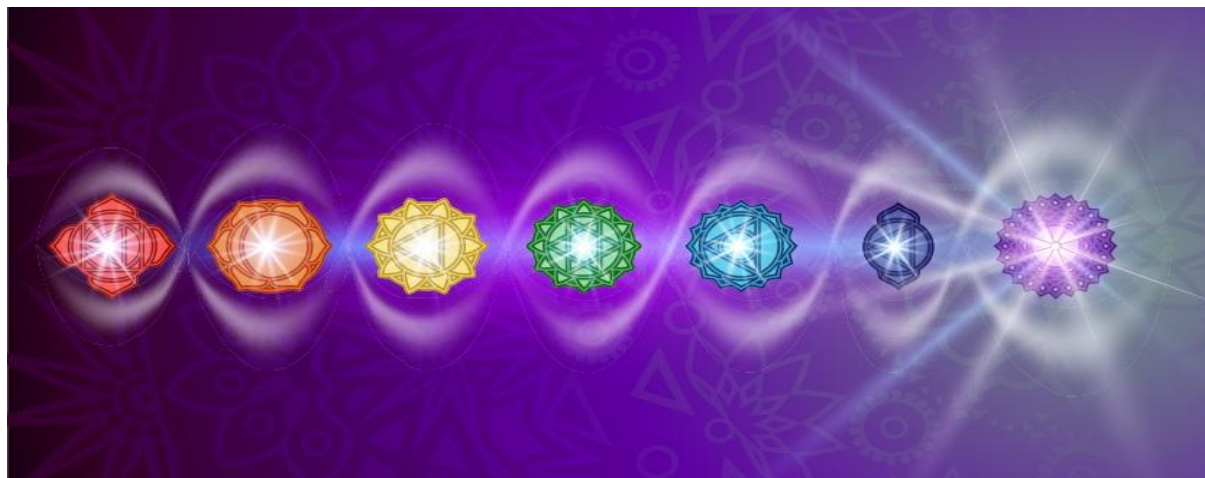


Back to the Energy Body Basics



MODULE 5, PART 1 :

Divine Will, Divine Love, Divine Mind : The 3 Upper Chakras and the Heart as the Bridge

JSEMP, September. Wow. I had difficulty calibrating my brain into where we are. We are on Earth, in the Milky Way galaxy - which is a bit of a false light matrix, but that's a whole subject for a whole other call!

Okay. I started a process a couple of months ago, and I reminded you last month that my goal tonight is for us to work on the three Upper Chakras. I want you to have this super simple understanding of your Chakras. Instead of it being : 'okay, this one's about this, and this one's about that, and this one's about, and they're all different and they all have their own flavors'. Yes, they do, but...

In a really broken down, simplistic schematic way of looking at it, the Heart Chakra is the bridge. It is the relational Chakra. It is that through which we enter into relations with other humans, and it's also that through which we relate the spiritual experience of what

we are with the physical human experience of what we are. So it's : spiritual = upper three; heart is the bridge; lower three = human.

Then it's even easier to understand because your Root Chakra is all about your personal will. Your personal will to be in a body, and to walk around and do things, and get things, and eat, and whatever, heat and stuff like that. That personal will, as soon as you go over the Heart and you arrive in the Throat, it has its counterpart of the Divine Will. Your Divine Will is a deep understanding and knowing of your place and of your purpose. So I'll get more into what each of them mean, but I just want to give that nice little schematic view.

Then your Sacral Chakra is your personal love. We're not talking about other people. We're talking about your self-love, and your self-acceptance : your ability to be in the field of your persona, of your person, and being able to love it. Being able to love it, and accept it, and cherish it. Often we hear it's the sensual sexual Chakra and stuff like that. Yeah, sure. It's all that. But at the core, it's your ability to be in a sensual relationship *with yourself*, which is your ability to love yourself at the deepest, deepest level. Then that Sacral has its counterpart in the upper three with the Third Eye, which is your ability to be connected to Divine Love. We've got personal will and Divine Will. We've got personal love and Divine Love. Then your Plexus is your personal mind - your rational mind, your humanoid mind - and the Crown Chakra is the Divine Mind.

My goal tonight is to bring us - and to make the body feel really safe as we go there - up many, many, many octaves on top of the body so that we can receive healing on the templates related to Divine Mind, Love and Will. Then we want to bring it back down into the physical body so that these higher templates can actually feed their octaves into the lower templates. The idea of being here when you are aligned - when you are truly a Human Being, a Being having a human experience, all that stuff is aligned - when we're not

wounded and carrying programs and stuck in collective stories and stuff like that, we're able to know Who We Are and Why We're Here.

It's just the interference that makes it hard for us to feel that sometimes, and is that ever getting amped up right now so that we feel it even more! I don't know if I've ever done direct template work in a JSEMP call - if I did, it would have been 2020. It's been a while since I've done work on the templates. Understand template : it's like the pattern, it's a complete pattern through which you find all the geometric structure of something.

Oh, I'm very excited about this call, trying to see how this is all going to come together!

When your personal will and your Divine Will are one, you know who you are, you know why you're here, you are able to maintain order and structure in your life that is aligned with the order and structure of the Divine. It's interesting when you meet someone that has issues in the Throat Chakra, because... Either everything is way too organized, so organized there's no room to breathe - like the person that has a schedule so tight that if you say : 'take five minutes to relax' and they're like : 'I can't! There's no room in my schedule'. It's that bad. That's when the volume's way too loud on it (and other Chakras have volumes too low).

Then, on the other extreme, when the volume is way too low on the Throat Chakra, these tend to be people that - I used to be one of them so I really get it - any structure makes you feel like you're trapped. You are the 'flow specialist' and anyone requiring anything of you that involves a schedule, it's like : 'oh, you're fucking around with my freedom. I don't like it'. It's basically your freedom to be floating everywhere and not have a ground and not be anchored in an order and purpose.

There is order and purpose in life. It doesn't take long, you could just look at a leaf from a plant and witness the amount of order and

structure within that. It's everywhere in the universe. If someone that has a Throat Chakra that's functioning with that over the top flow state where everything needs to flow all the time, it's the weirdest thing because they can be really good at justifying their absolute rebellion towards order. It's like : 'I'm not going to do what they tell me to do', or 'I'm not going to follow that system', or whatever.

First of all, about this Throat Chakra. Your Divine Will is the most important Chakra in relation to the Hara Line. They're not connected directly, but your Hara Line is your ability to be anchored and aware of your purpose - why you're here, what are the intentions that you're feeding and whether or not these intentions are actually aligned with your much higher intent at the Soul level. It's very interesting to work on this Chakra, and many of us feel a lot of things in the Chakra right now because these Ascension energies, that's where they hit the strongest for most people. It's like : 'Wake up to your actual Divine Will. Wake up to the will of what has created you!' That's powerful stuff to feel into! We're going to play a lot with that template. I want to talk a little bit, but I'm almost too excited and I want to go straight into the meditation. So I will talk a little bit, and we'll do a deep meditation for a long time tonight. So that's Divine Will Chakra.

The Third Eye Chakra is all about Divine Love. Most humans have no idea what that is. Let's just be honest. We know all about attachment. We know all about human love. We know all about : 'You're supposed to be who I want you to be, and who I need you to be'. None of that is actually love. True love sets everything free to be whatever it chooses to be. That's a really fun thing to explore and understand. Sometimes I use the mantra : 'As you wish and at your pace. As you wish and at your pace'. Your ability to love someone shouldn't be related to what they're doing, how fast they're doing it or not doing it.

That Divine Love is like the glue that holds the entire universe together. It's a feeling Chakra, just like the Sacral. Sacral is emotions, Heart is relational, and Third Eye is spiritual feelings. We're talking bliss. Ecstasy. Elation. It's emotional but it's beyond the usual idea of emotions. These feelings are hard to understand for the pure human side of us. They are experienced through deep states of meditation, through quieting the mind, and listening so deeply that you start hearing the music of the universe. You start hearing the chants of the angels, whatever you want to call it. You become fine-tuned - the way it feels for me, it's like I can hear the Divine celebration. It's almost like a little beat.

The closest thing I found to that in human reality is Melodic Psychedelic Trance. That's the closest I found to it, as well as really deep classical music that moves your Soul. Anything that moves you deep into silence and you're just like : 'Oh, wow!', that's what Divine Love feels like. Such a beautiful thing to experience in a physical body. The best way to describe it is a vast, expansive feeling of being in communion with all of life, from a rock, or a plant, or an animal on earth, all the way to the highest levels of Spiritual Beings. Feeling that communion, knowing your place there, knowing you're loved, knowing you are love, knowing you're perfect as a unique expression of the Divine Essence. You are absolutely perfect in what you consider to be your imperfections.

And finally, the Crown, the Divine Mind. You've heard the expression 'big picture thinking-, it's that times a million. It's all the way to understanding the entire master system of the entire creation process. When we're well connected to that, we're able to have very creative ideas. We're not just rehashing ideas that have been thought over and over again by humans. Deeply creative ideas come in. Not only does the deep, super creative idea come in, but, beyond that, you can perfectly see where and how it fits into the master system of the universe.

So for example, me starting a program like JSEMP, none of it was about like : ‘I want to go online and make money’. It wasn’t. The goal was : ‘All of this is in me and I keep receiving all these yummy meditations’. I used to just have a local group of women that I would work with I realized that I needed this to get to more people, because this is literally part of helping people build the foundation so that they can ascend without it being too clunky and chunky - including myself!

So there was a perfect understanding of : ‘that fits like that in there’. It wasn't like : ‘I’m going to do that, and I don't really know why I'm doing it’. If I use the example of someone else on the call - it's a much deeper understanding of the coaching that they offer and seeing how that coaching fits into a deep process of human consciousness, moving beyond the dualistic energies of prey and predator and into teaching people Self-Mastery, and the embodiment of their Divinity. That's pretty cool! That's a pretty good example for me of what's happening at that level.

What else do I want to say about Divine Mind? It’s also called the ‘universal mind field’ - such a beautiful expression! - where we know we are part of the great pattern of life. When you are fully connected to your Crown Chakra, you know absolute safety. You will never again doubt your safety, because you know exactly where you fit into the Divine Plan into the Divine Manifestation of Life. That is so interesting : I'm saying that and I'm feeling the Plexus react. That's perfect because that Divine Mind Crown Chakra, the lower octave of it is the Plexus!

The Crown, the Third Eye and the Throat offer the templates of the Plexus, the Sacral and the Root. This is why I want us to go up in frequency today so we can work on the Divine Templates and, how would I say that, recalibrate/calibrate the lower ones to the octaves of the higher ones. We'll see how that feels while we're doing it

because my Plexus is already : ‘I don't know about that. I don't know if I want to know my place in the Divine Plan - that means I can't do what I want to do!’

The deepest truth is that what you truly want to do IS what's aligned with the Divine Plan - but let's not tell that to the ego too quickly. Actually, I will : ‘Dear ego within all of us, your absolute peace and well-being will come from aligning with the Divine Plan for you. The divine plan for you is that you get to know yourself and understand yourself as an emanation of the Light’.

That's pretty cool.

I'm just working with the Plexus a little bit. All right. I think I'm done talking. That was a very short presentation. Good.

Get comfortable. We're going to go in and we're going to go deep.

I'm just comforting the collective Plexus right now. The timing for us to be working on this theme right now is so divinely perfect that I, clearly, know that it's not my human mind that decided this!

There's a huge thing about to happen before the end of September, some kind of a planetary portal that opens and there's an ‘infusion’ - I don't know how to say that word properly - an ‘influx’ of so much high frequency Light that it will be very destabilizing for the 3D matrix. The more of us that can stand calmly, peacefully connected to our Divinity, pumping, being like pumps for that Light coming through and beaming through us into the Collective Consciousness - that's what's gonna make that transition smoother. And, of course, those who resist it make the transition much harder, especially for themselves.

That's a whole other thing, just Love and Compassion : ‘As you wish at your pace’. Love and compassion. I want you to just start by letting your system know that everything that you're doing is

because you want to help it be free. Freedom can feel scary, but it is literally our birthright to be free and to shine bright. So just letting you know, it's almost like hugging, hugging your system, like : 'Hey, I love you. I'm here. I've got you. All of this is in the name of our freedom. All of this is in the name of being able to flow more Light through this Vessel'. Letting your whole system know.

And the first thing we're going to do tonight is we're going to make sure that the body feels really safe and held, before we start floating up.

Meditation starts here 😊