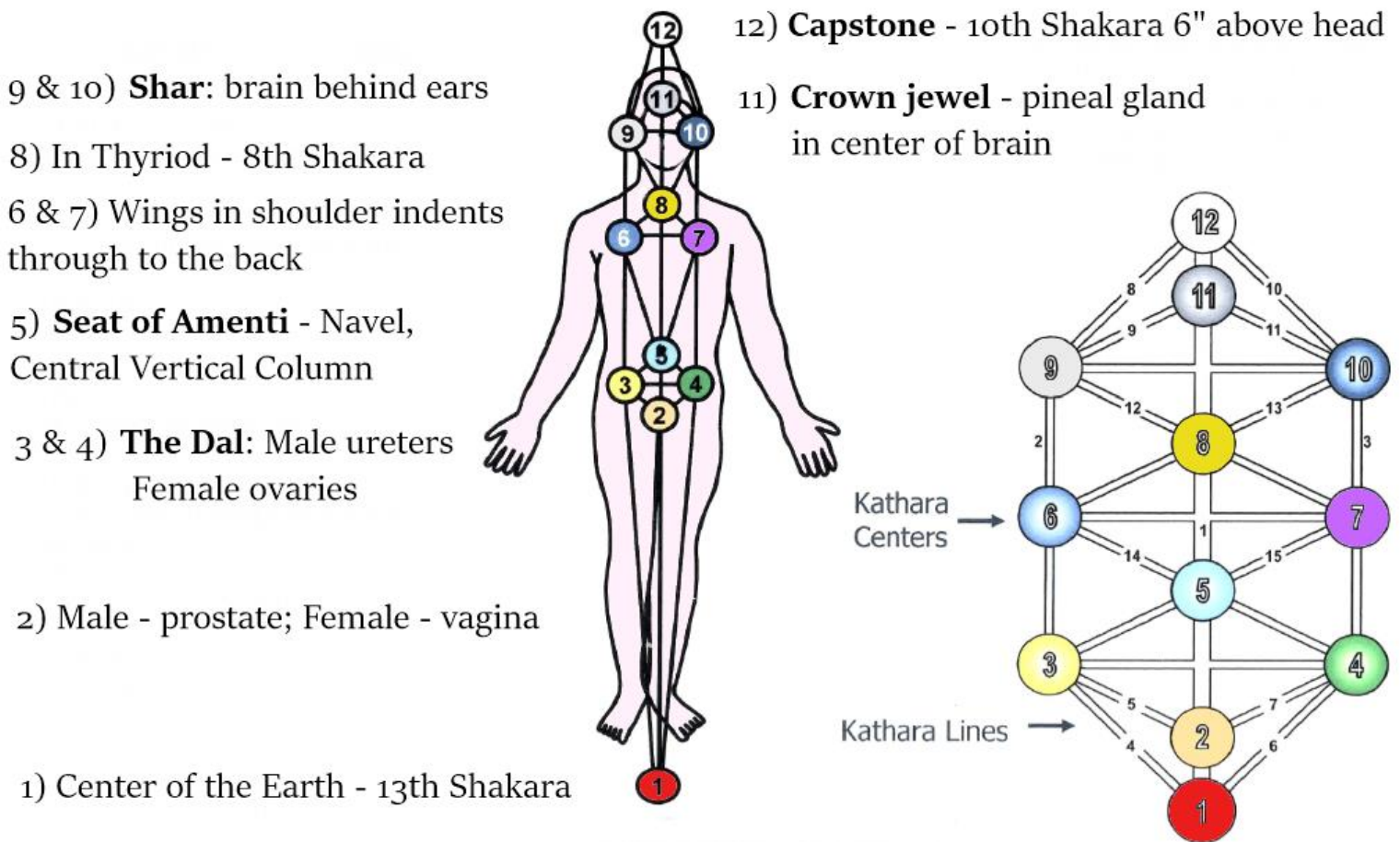


- Personal Kathara reference chart
- Sequence 1&2: Kathara points, regeneration and revitalization of the imprint for health



Regeneration of the imprint for health

Sequence 1: Kathara points open energy gateways within the Kathara lines of the Kathara level 1 12 tree grid to receive Electro tonal reprogramming for regeneration of the imprint for health.

Sequence 1: points are used to open the Kathara lines prior to other energy healing applications, to open the Kathara grid so the regenerative patterns of the other healing applications can ground within the Kathara.

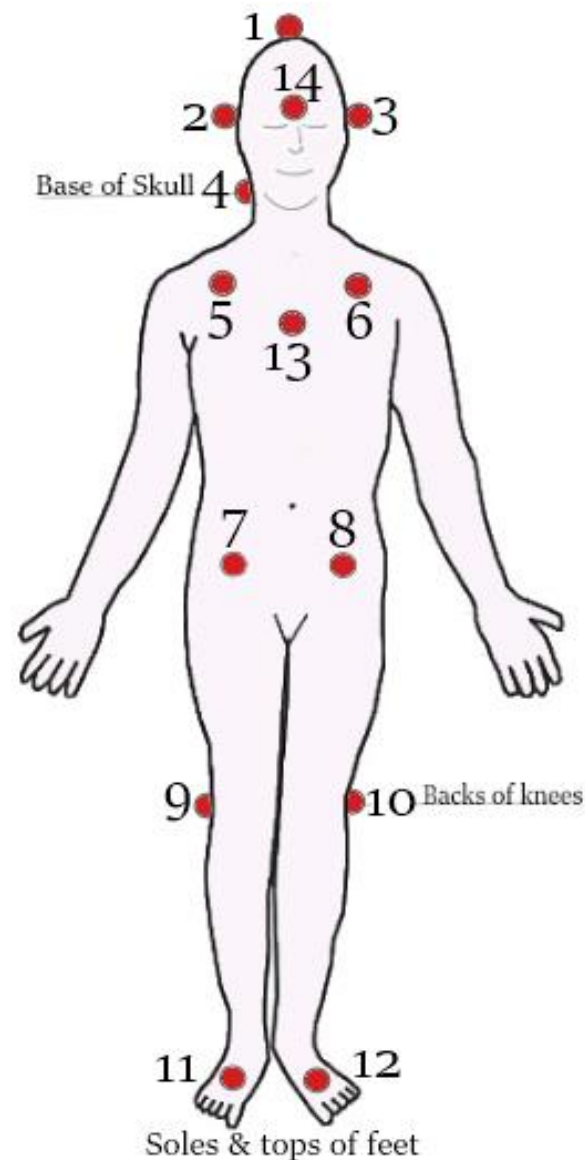
Sequence1: points regenerate and enhance the Kathara core first, creating more lasting but less immediate changes in the body.

14 point Sequence

- 1 the crown
- 2&3 temples
- 4 base of skull
- 5&6 below shoulders
- 7&8 abdomen in from hips
- 9&10 back of knees
- 11&12 soles and tops of feet
- 13 fourth Shakara
- 14 6th Shakara

Instructions:

Breathe slowly and deeply, imagine a flow of energy running from the Maharic shield 12 inches below your feet up into the body through the soles of the feet and gently rub the Kathara points with fingertips for 10 to 20 seconds each following the precise sequence shown above.



Sequence 2: Kathara points for revitalization

1&2) Neck, below ears

3&4) below cheekbones

5) Base of tailbone

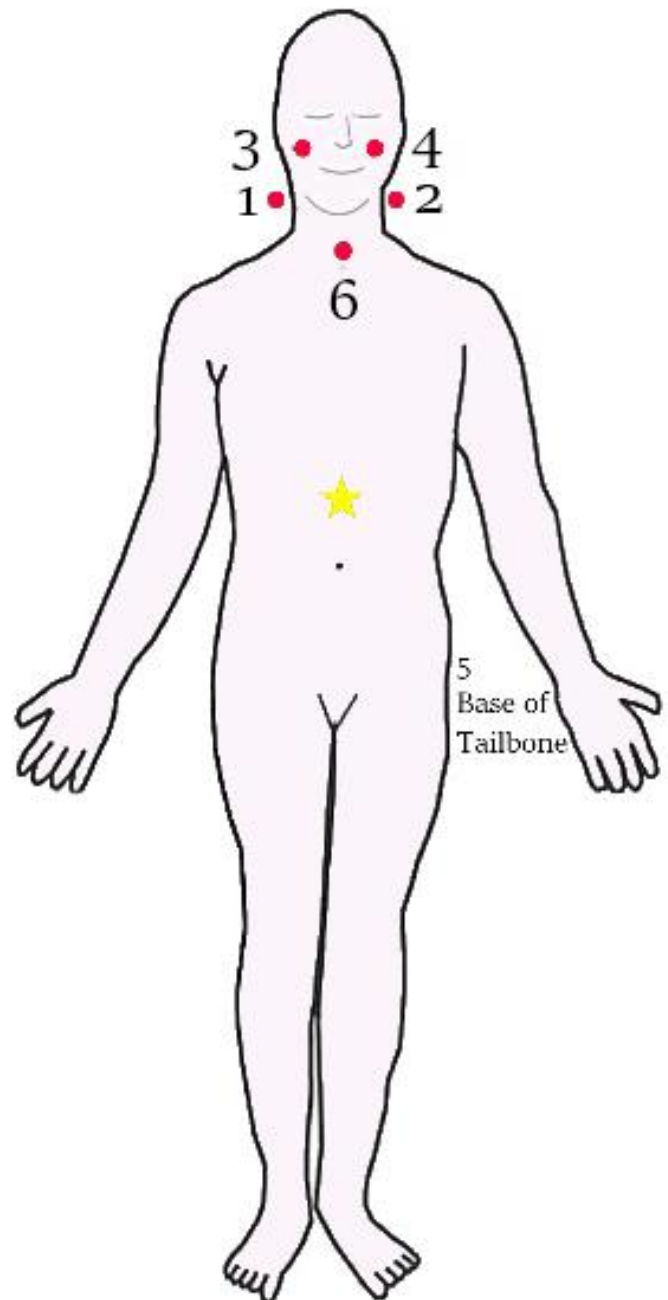
(One point on each side of tailbone)

6) Thymus

★ Amplifier – 3rd Shakara Solar Plexus

Instructions:

Breathe slowly and deeply, imagine a flow of energy running from the Maharic shield 12 inches below your feet up into the body through the soles of the feet and gently rub the Kathara points with fingertips for 10 to 20 seconds each following the precise sequence shown above.



Further information on Sequences 1 and 2

Sequence-1 Kathara Points are mini energy-vortex points in the body that connect directly to Diodic Points within the *Kathara Level-2 Diodic Points Grid*. Stimulation of the Kathara Points affects the movement of energy within related areas of the Kathara Grid, which creates a reciprocal movement of energy within the cellular structure, corresponding to the Kathara Points.

When used in **proper sequence**, *Sequence-1 Kathara Points* open **energetic gate ways to the Kathara Lines** of the Kathara Level-1 12-Tree Grid, allowing patterns of frequency to be entered into the Kathara Lines, to realign disharmonic patterns of frequency running through the Holographic Program of the Kathara Lines. When the Kathara Lines are opened to receive 11th and 12th dimensional frequency infusions from the **Mahara Hova Body**, the Holographic Program of the Kathara Grid can be progressively **regenerated** to the Imprint for Health, as held within the program of the Maharic Shield.

Sequence-1 Kathara Points are used to open the Kathara Lines prior to **Technique # 2: The Maharic Seal and the Liquid Light Cleanse** and **Technique # 4: The Maharic Infusion**. They may also be used alone with deep breathing for frequent healing support, to draw energy up from the Maharic Shield, re-balancing and regenerating the Imprint for Health, within the Kathara Grid and Body-Mind-Spirit System. It is not necessary to close the Kathara Lines after using Sequence-1 Points as they will **close automatically** in **several hours**. If one desires to further revitalize the cellular structure, running the *Sequence-2 Kathara Points*, for *closing* the Kathara Lines, will increase the amount of energy running through the body cells, as the Kathara Lines are no longer absorbing the energy.

Sequence-1 Points regenerate and re-balance the *Kathara Core* first, which creates more *lasting, but less immediate*, changes in the body. *Sequence-2 Points* close the Kathara Lines if they are opened and draw energy from the Maharic Shield *directly into the bio-energetic field and physical cells*, rather than the core Kathara Grid, creating more *immediate, but temporary*, revitalization of the body. The patterns held within the Kathara Grid core holographic template will eventually override those set in the bio-energetic field alone. Used in *combination* with each other, the *Sequence-1 and Sequence-2 Kathara Points* can affect more lasting revitalization by *simultaneously realigning the core template and the outer layers* of the bio-energetic system and cellular structure. In combination with other Kathara Healing techniques, the effects and restoration of the Imprint for Health are further amplified and accelerated.

Sequence-2 Kathara Points are mini energy-vortex points in the body that, like *Sequence-1 Kathara Points*, connect directly to **Diodic Points** within the *Kathara Level-3 Diodic Points Grid*. Stimulation of the Kathara Points affects the movement of energy within related areas of the Kathara Grid, which creates a reciprocal movement of energy within the Bio-Field and cellular structure corresponding to the Kathara Points.

When used in proper sequence, *Sequence-2 Kathara Points* close the energetic gate-ways to the **Kathara Lines** of the Kathara Level-1 12-Tree Grid, which the *Sequence-1 Points* had opened. Closing the Kathara Lines, governed by the *Sequence-1 Kathara Points*, **creates a reciprocal OPENING of the Nadial Lines** (*Nadis* energy rivulets that carry energy from the Nada Hova Body/ Nadial capsule, into the physically manifest systems) within the *outer levels* of the Bio-energetic Field. Opening of the corresponding *Nadis* allows restorative patterns of frequency to be entered into the outer levels of the Bio-energetic Field and Chakra System, to realign disharmonic patterns of frequency running through the *Chakras*, *Auric Field* and *Physical Cells*. When the *Nadis*, *Chakras* and outer Bio-energetic Field are opened to receive 11th and 12th dimensional frequency infusions from the **Mahara Hova Body**, the energetic integrity of the physical cells and Bio-energetic Field can be progressively **revitalized** with the Maharic frequency and the Imprint for Health, as held within the program of the Maharic Shield.

Sequence-2 Kathara Points are used to close the Kathara Lines, following **Technique # 4: The Maharic Infusion**. They may also be used alone, with deep breathing, for frequent healing support, to draw energy up from the Maharic Shield, through the Kathara Grid and into the outer levels of the Bio-energetic Field. Directing Maharic frequency into the outer levels of the Bio-energetic Field regenerates the Imprint for Health within and directly **revitalizes the body cells** for accelerated Body-Mind-Spirit healing. If one desires to revitalize the cellular structure, running the *Sequence-2 Kathara Points*, for closing the Kathara Lines, will **increase the amount of energy running through the body cells**, as the Kathara Lines are no longer absorbing the energy. **Sequence-2 Kathara Points** **revitalize and rebalance the outer levels of the Bio-energetic Field** first, which creates more immediate but temporary revitalization of the body as restorative energies do not directly enter the **Levels-1 Kathara Grid**. To create *lasting change* when using the *Sequence-2 Points* alone, restorative electro-tonal programs must be **repeatedly** entered into the Bio-energetic field until the new programs reach **critical mass**, at which time the new programs will begin to *subtly influence* the programs held within the Kathara Grid. **The primary difference between Sequence-1 and Sequence-2 Kathara Points is this: Sequence-1 Points** channel energy from the Maharic Shield into the **core Kathara Grid** holographic template. **Sequence-2 Points** channel energy from the Maharic Shield into the **outer levels of the Bio-field and body cells**. For this reason, the effects of *Sequence-2 Kathara Points* are more immediate and those of *Sequence-1 Kathara Points* are more permanent.

The patterns held within the Kathara Grid core holographic template eventually override those set into the outer Bio-field alone. **Used in combination with each other and other healing applications**, the *Sequence-1* and *Sequence-2 Kathara Points* can affect more lasting revitalization by **simultaneously realigning the core template and the outer layers** of the Bio-field and cellular structure. Using Kathara Point Sequences, in combination with each other and other Kathara Healing techniques, will amplify and accelerate the effects and restorative function of the Imprint for Health within the Body-Mind-Spirit system.